

Keith Jordan, LCSW

Offices: 1131 Route 55, Suite 1, Lagrangeville, NY 12540
20 Milton Avenue, Highland, NY 12528
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INTAKE QUESTIONNAIRE

Full name: _____ Sex: _____ Birthdate: _____

Mailing address: _____
Street address City State Zip

Phone: _____ Best hours to call: _____

Email: _____

Persons living with you:

<u>Name</u>	<u>Age</u>	<u>Relationship</u>	<u>School or employer</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Ancestry (check all that apply):

African Dutch Irish Mexican Polish
 Asian English Italian Puerto Rican Russian
 American Indian German Middle Eastern Other Hispanic Other: _____

Religion:

Atheist Jewish Catholic Methodist Other Christian
 Agnostic Muslim Episcopal Lutheran Other Non-Christian
 Buddhist Unitarian Universalist Baptist Presbyterian Unsure/Unspecified

Health insurance company: _____ Policy number: _____

How did you learn of my services? _____

Please describe the situations and issues you want help with:

Childhood And Family Of Origin

Where and with whom did you live between the ages of 0-18? Please indicate how old you were when there were changes in where you lived or with whom.

Where do these family members live now, and what type and frequency of contact do you have with them?

How were you disciplined when you were a child?

How do you think the way you were raised and your childhood circumstances and experiences have affected your life as an adult, including your choices and behaviors?

Education History

School	Dates of Attendance	Degree or Reason for Leaving

Military Service

Branch of Service	Enlistment Date	Date of Basic Training	Advanced Training	Position	Discharge Date	Type of Discharge

Present Employer: _____ Job title: _____

Past Employment History

Position	Employer	Year Started	Year Left	Reason for Leaving

Marriage History

Name of Spouse	Date of Marriage	Date of Separation	Date of Divorce

Residential History

Street Address and City	Dates	Reason for Leaving

Mental Health/Substance Abuse Treatment History

Facility	Therapist	Dates of Treatment	Phone Number

Please list the diagnosis you were given during your treatment, if known and the names of mental health medications that you were prescribed.

Are you currently taking any mental health medication? Please list type, dosage and when taken.

Alcohol and Other Substance Use History

Substance	Age of first use	Date of last use	Frequency	Amount per use

Physical Health History

Significant medical history:

Physician's name: _____ Phone: _____

Please list names of medications you take for physical health problems, dosages, when taken and reason taken.

Arrest History

Date Arrested	Charge	Convicted (yes/no)	Sentence	Probation/Parole? (yes/no)

Probation/Parole Officer: _____ Phone: _____

Symptoms: Please check any symptoms or experiences that you have had in the last month:

Difficulty falling asleep
 Difficulty staying asleep Difficulty getting out of bed Not feeling rested in the morning Loss of interest in previously enjoyed activities Withdrawing from other people Spending increased time alone Depressed mood
 Feeling numb Rapid mood changes Irritability Anxiety Panic attacks Frequent feelings of guilt
 Frequent worry Avoiding people, places, activities or specific things Difficulty leaving your home Fear of certain objects or situations (such as flying, heights, bugs) Repetitive behaviors or mental acts (such as counting, checking doors, washing hands) Outbursts of anger Feeling worthless Hopelessness Sadness
 Helplessness Feeling or acting like a different person Changes in eating/appetite Eating more
 Eating less Dizziness Voluntary vomiting Use of laxatives to lose weight Excessive exercise to avoid weight gain Binge eating Difficulty catching your breath Increased muscle tension Unusual sweating
 Difficulty concentrating or thinking Easily startled, feeling "jumpy" Increased energy Decreased energy
 Tremors Racing thoughts Intrusive memories Large gaps in memory Flashbacks Nightmares
 Thoughts about harming or killing yourself Thoughts about harming or killing someone else Feeling as if you were outside yourself, detached, observing what you are doing Feeling puzzled as to what is real and unreal
 Persistent, repetitive, intrusive thoughts, impulses, or images Inappropriate expression of anger
 Self-mutilation/cutting Excessive drinking Use of illegal drugs Abuse of prescription drugs

Please check the degree of problem you are experiencing in each of the following areas and describe what the specific issues are in each area.

Problem Area	No Problem	Slight Problem	Serious Problem	Description of situation and issues
Health				
Alcohol/drugs				
Marriage/relationship				
Family life				
Sexual concerns				
Social/interpersonal				
Recreation/leisure time				
Education				
Job/career				
Finances				
Spirituality/religion				
Management of emotions				
Thought patterns				
Inappropriate behavior				
Living environment				
Effects of difficult childhood				

PLEASE CHECK ONE AND SIGN:

I have completed this questionnaire myself

I completed this questionnaire with the assistance of another person. (Please specify the name of the person and type of help) _____

Signed: _____ Date: _____

Please print your name: _____

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Consent for Treatment and Limits of Liability

Limits of Services and Assumption of Risks: Therapy sessions carry both benefits and risks. Therapy sessions can significantly reduce the amount of distress someone is feeling, improve relationships, and/or resolve other specific issues. However, these improvements and any "cures" cannot be guaranteed for any condition due to the many variables that affect these therapy sessions. Experiencing uncomfortable feelings and discussing unpleasant situations and/or aspects of your life are considered risks of therapy sessions.

Limits of Confidentiality: What you discuss during your therapy session is kept confidential. No contents of the therapy sessions, whether verbal or written may be shared with another party without your written consent or the written consent of your legal guardian. The following is a list of exceptions:

Duty to Warn and Protect: If you disclose a plan or threat to harm yourself, the therapist must attempt to notify your family and notify legal authorities. In addition, if you disclose a plan to threaten or harm another person, the therapist is required to warn the possible victim and notify legal authorities.

Abuse of Children and Vulnerable Adults: If you disclose, or it is suspected, that there is abuse or harmful neglect of children or vulnerable adults (i.e. the elderly, disabled/incompetent), the therapist must report this information to the appropriate state agency and/or legal authorities.

Prenatal Exposure to Controlled Substances: Therapists must report any admitted prenatal exposure to controlled substances that could be harmful to the mother or the child.

Minors/Guardianship: Parents or legal guardians of non-emancipated minor clients have the right to access the clients' records.

Insurance Providers: Insurance companies and other third-party payers are given information that they request regarding services to the clients.

The type of information that may be requested includes: types of service, dates/times of service, diagnosis, treatment plan, description of impairment, progress of therapy, case notes, summaries, etc.

Cancellation Policy

If you are unable to attend an appointment, I request that you provide at least 24 hours advance notice. Since I would be unable to use this time for another client, please note that **you will be charged \$40 for your scheduled appointment if it is not canceled at least 24 hours in advance.** I may waive the fee if I determine that the cancellation is due to an emergency. I may also waive the cancellation fee if you are able to reschedule your appointment to a time within 3 days of your original appointment.

I appreciate your consideration in keeping your appointments or canceling as far in advance as possible in order to keep the office schedule running in a timely and efficient manner.

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By signing below, I am stating that I have received the *Consent for Treatment and Limits of Liability*. I agree to the above assumption of risk and limits of confidentiality and understand their meanings and ramifications.

Client Signature (Client's Parent/Guardian if under 18) _____
Date

In signing below, I am stating that I have read and understand the Cancellation Policy

Client Signature (Client's Parent/Guardian if under 18) _____
Date

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Mental Health Privacy Practices/HIPAA Requirements

The Health Insurance Portability and Accountability Act (HIPAA) is a federal law (Public Law 104-191), passed by Congress in 1996 that, among other things, protects an individual's right to keep and/or transfer his or her health insurance when moving from one job to another and sets out certain administrative procedures, like ensuring the privacy of an individual's protected health information and providing security for electronic data sharing of protected health information.

As a therapist I am ethically and legally required to protect the confidentiality of my clients. Information will not be shared without written permission from the client or, if the client is a minor under the age of eighteen, the client's parent or legal guardian. There are, however, conditions under which a client's confidentiality is released or not protected. These include:

- Suspected child abuse or dependent adult or elder abuse, for which the provider is required by law to report this to the appropriate authorities immediately.
- If a client is threatening serious bodily harm to another person(s), the provider must notify the police and inform the intended victim.
- If a client intends to harm himself or herself, the provider will make every effort to enlist the client's cooperation in ensuring their safety. If the client does not cooperate, the provider will take further measures without the client's permission that are provided by law in order to ensure the client's safety.
- Information is released directly to the court for court-ordered evaluations or court testimony.

Please note: Insurance companies request that the client release information to them for certification of services or reimbursement.

My therapeutic visitation services are not considered to be therapy and are not bound by the confidentiality of therapy. Information about what is said and done during therapeutic supervised visitation will be provided to individuals and agencies such as Family Court that have a reason to have such information.

Notice of Privacy Practices

THIS NOTICE DESCRIBES HOW INDIVIDUALLY IDENTIFIABLE HEALTH INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED.

1. My commitment to you: I understand that the information I collect about you and your health and mental health is personal. Keeping that information confidential and secure is one of my most important responsibilities. I keep a record of the care and services you receive from me. I need this record to provide you with quality care and to comply with certain legal requirements. I am committed to protecting your health information and to following all state and federal laws regarding the protection of your health information. This Notice of Privacy Practices describes how I may use and disclose your protected health information to carry out treatment and payment and for other purposes that are permitted or required by law. It also describes your rights to access and control your protected health information. "Protected health information," is information about you that may identify you and that relates to your past, present or future physical or mental health condition or care.